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Wendy Holmes, RN



WAKE UP WITH PERFECT MAKEUP

Sound too good to be true? Imagine saving time and effort, and looking better than ever. Permanent makeup is not only beautiful and functional; it's the secret to looking good 24/7. Here's what women have to say about professionally-applied permanent makeup:

"I am delighted with the results of permanent makeup for my eyebrows. I was referred to Wendy by my hairstylist. I was fortunate to have such a great recommendation and I have recommended Wendy to several of my friends who couldn't believe how wonderful my eyebrows looked." — M.R.

"Permanent eyeliner is the best thing I have ever done. I was excited and a little nervous. Wendy made it so easy. I should have done it years ago." — J.F.



TLC: Total-Look Consultation

We all can use advice about how to achieve our best look. Magazines and ads offer solutions to general problems but do not address our unique individual needs. Want to discover your best look and plan?

We offer a popular service called the **Total-Look Consultation™**.

This process is invaluable as it is customized for you. It helps you sort out what products to use and how to maintain and maximize your best you.

Call to schedule an appointment today!


Wendy Holmes, RN
Nurse Specialist: Cosmetic Dermatology

Beauty Update



Your Professional Source for Aesthetic Services

Services include:

Botox®
Custom skin-care programs
Eyelash extensions
Fillers
Laser hair removal
Permanent cosmetics
Pulsed light
Skin discoloration removal
SilkPeel™
Thermage®
TLC (Total-Look Consultation™)

Wendy Holmes, RN

Nurse Specialist
Cosmetic Dermatology

Working with Bruce Saal, MD
Board Certified in Dermatology

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THE LIQUID LIFT: INSTANT GRATIFICATION

If you thought a liquid lift was some kind of stimulating beverage, think again. The term "Liquid Lift" refers to the use of fillers (and sometimes Botox) to treat areas of facial aging.

A youthful face typically has more fullness around the eyes and cheeks, along with more prominent cheekbones. Young lips look soft, the corners of the mouth turn up, and the jaw line, facial skin and forehead are smooth. As we age, these signs of youth give way to gravity and the effects of the sun, causing sagging, wrinkling, hollowing, and drooping. The overall effect is a tired appearance. The Liquid Lift can help ameliorate the effects of aging around your eyes, cheeks, lips, forehead lines, smile lines, marionette lines, jowls, crow's feet, chin, neck, and more.

With the precise placement of fillers to restore your youthful contours, I can help you look years younger and more vibrant in about an hour.

The Liquid Lift can be transformative. The versatility of fillers available today makes it possible to smooth out the hills and valleys that develop over time, the aging that changes our facial landscape and makes us look older than we feel.

Why not treat yourself to an invigorating Liquid Lift before your next special event — a wedding, a reunion, or an important job interview. Or, if you just want to look more energetic and youthful right now, let that be your excuse!

(The same procedure can give a more youthful look to your hands, as well. Look inside for more details ...)



REVITAL-EYES!

Our natural aging process is characterized by a loss of collagen and fat in our faces. Before hyaluronic acid fillers such as Restylane®, Perlane® and Juvederm® existed, the only options to address the sunken appearance of our under-eye areas were surgery or fat injections, both of which resulted in significant down-time. Now, treatments aimed at reversing this gauntness can

be done in a brief office visit using a variety of strategically placed fillers. Replacing lost volume just above the cheeks adds support to sagging skin, the cause of under-eye wrinkles. Under-eye hollows and bags disappear and the area resumes its previous youthful fullness. For added rejuvenation, Botox can be used in the forehead to produce a “Botox brow lift.” Your results will be nothing less than eye-opening!



TALKING TURKEY ABOUT BOTOX

When the weather turns warm, it's hard to wear a turtle neck to hide a turkey neck. Turkey necks are fine for turkeys, but humans tend to dislike this feature showing up on their own necks. If you want to improve this area, Botox may be the way to do it. Neck muscles can be relaxed without affecting movement by selectively treating certain “bands” of muscle that become pronounced as we mature. You may see the return of your swan neck just in time for the warm weather!

CHEEKBONES OF THE STARS

High cheekbones are a coveted sign of beauty. Some of the most stunning Hollywood stars have cheekbones that inspire envy. Have you noticed your cheeks flattening over time? Now, even if you've had less than remarkable cheekbones, you can still acquire this flattering feature. If you were lucky enough to be born with elegant bone structure but your cheeks look like they've slipped off their perch, I can reinstate them to their previous position and alluring shape, with the right fillers. How do you think all those stars on the red carpet look so good? (The vast majority of patients I have treated with this procedure have commented that this is one of the most exciting and rewarding treatments I provide.)

TURN BACK THE “HANDS” OF TIME

Manicures improve the appearance of your hands, but have you ever wished there was something you could do about wrinkles, veins and that bony look?

For years, women have been asking me if there's anything that can be done about these problems. Now the answer is a big YES!

Hyaluronic acid fillers are excellent for restoring volume to the back of the hands. In just one easy, comfortable treatment, you can achieve amazing results. The treatment adds plumpness that fills in wrinkles and bony areas — it even makes veins less prominent.



We can also remove unsightly brown spots from your hands.

You'll love this new hand rejuvenation. Turn back time ... Call today!

“I had a Restylane treatment on the back of my hands last month and I couldn't be happier!” — K.L.

THERMAGE – NEW AND IMPROVED

We didn't think it was possible to improve Thermage but we just received the next generation system, Thermage NXT, and we're impressed. With improvements inside and out, the next generation system treats up to 25% faster, is more streamlined, has an improved cooling system and optimized energy delivery.



We have been using the innovative, patented Thermage radiofrequency technology for over four years, providing patients with the benefit of tighter, smoother skin, without surgery. Patients have been delighted with their results, and thrilled with the comments about how good they look. Most people come to our office to have Thermage treatment because they have seen results on a friend and have decided they would like to attain a similar outcome. With our new Thermage NXT system, results will probably be even more exciting than before.

If you would like to find out more about how to reverse the aging process with Thermage, call today for a consultation!

Thermage Testimonial

3/5/2009

Hi Wendy,

You did a Thermage treatment on me in May of 2008. Within two weeks I noticed a difference. My skin was tighter around my chin and jaw. Three months after the treatment I saw a friend I had not seen for a long time and she accused me of having a “lift”.

WONDERFUL!

Thank you Wendy,
Dina Cotton

MINI-BLOCK TO THE RESCUE

Never tried lip enhancement because you thought it would hurt or be too uncomfortable?

Never fear — just ask for a mini-block. This quick and easy numbing treatment lasts about twenty to thirty minutes, just long enough to give you fabu-lips!

Once they're numb, your lips can be enhanced to any degree you'd like. You can have a subtle or moderate change, or request even more voluptu-lips! If the little lines around the edge of your lips bother you, you can have them

smoothed out. If the corners of your mouth make you look like you're frowning, you can have the frown erased. If your lips have been shrinking, you can restore them to their original natural fullness in no time. It's your decision. You'll be amazed what a little lip enhancement can do for your face.

With mini-block, enhancing your lips can be very comfortable, so why not try it? It'll bring a smile to your face.

